

7.2.1 Two best practices of the institution.

1. **Title of the Practice:** Women Empowerment through Employment and Entrepreneurship

Motto: Swavlamban / Skills for Self-Sustenance.

Objectives of the practice:

To organize workshops and short-term certificate courses for imparting different skills.

To organise industry visits and to provide industry specific training to students

To invite experts, reputed companies and agencies for training for job placement and campus recruitment

To make entrepreneurship and related skills training available to students

Context: Uma Arts and Nathiba Commerce Mahila College is though situated in the capital city of Gujarat - around 70% of girls come from the rural areas and many of them come from socially and economically underprivileged classes of the society. Many of them are first generation learners. This profile of our students makes it crucial for us to make them economically independent by providing industry-specific and entrepreneurship training and guidance for competitive examinations and the skills necessary to begin their own small-scale business from their home. Thus, the emphasis is on career, entrepreneurship and job-oriented skill development. Our college has established an Entrepreneurship and Skill Development Centre to help and motivate students to incline them towards self-employment, and to organise training programs and workshops related to various aspects of entrepreneurship. The Career Counselling and Placement Cell - UDISHA and the Entrepreneurship Development Cell and Finishing School and Job Placement Cell, SSIP, Innovation Club of the college offer and organise need-based industry specific training and Soft Skills training and short-term certificate courses of skill development so that students of rural areas can earn on their own by getting a proper job or by getting means of earning by employing these skills, so that they become self-sufficient and economically independent.

The Practice:

The college works at two levels in this area.

- 1) The external agencies are invited to conduct industry specific training, soft skills, communication skills to our students.
- 2) The Career counselling cell, Job Placement Cell and Entrepreneurship Development Cell organises short term add-on certificate courses and workshops. The curricula for courses are designed as per the guidance of experts to impart skills which are important to make students ready for self-employment.

List of Activities -

Date	Activity	Remark
17/06/2022	Chiropractic Treatment Camp, Sector-23, By Life West Chiropractic College, USA in Collaboration with Kadi Sarva Vishwavidyalaya at C.M Patel College of Physiotherapy, Civil Campus, Sector- 12, Gandhinagar.	CWDC
21/06/2022	Insurance Plans with Savings from Mr. Hardik Shah (For Staff Members)	Commerce
07/07/2022	Lecture on 'Water Conservation is our Duty' by Dr. Bhartiben Dalwadi.	CWDC: Environment awareness and Protection. National and Internationally Important Commemorative Days Celebration Committee
07/07/2022	Guest Lecture on Water Preservation Our Duty by Prof.Bharati Dalwadi (60 Students) Dr. Mitaben & Dr.Kiranbhai Dave	EBSB Guest Lecture Environment
07/07/2022	Digital India Week Celebration: Visit to Mahatma Mandir (B.Com. Sem. - 3 & 5)	Commerce: Visit
11/07/2022	Celebration of World Population Day jointly organised by Green Club GUCOST and Nisarg Community Science Centre Expert lecture and PPT by Dr. Anilbhai Patel	GREEN CLUB
16/07/2022	Tree Plantation (College Campus) 10 NSS Volunteers Participated	NCC, NSS
23/07/2022	Visit to Nisarg Community Science Centre Sec. 23 with 140 Students.	Visit: Green Club
28/07/2022	Online Quiz – World Environment Protection Day	NSS
02/08/2022	Seminar of Job Placement (TYBcom)	Job Placement Seminar by Commerce Dept.
08/08/2022	IQAC Meeting – 2 Seminar Hall 11:40 to 12:40	IQAC
08/08/2022	Rakhi Making Competition (21 Students)	Rakhi Making Competition
13/08/2022	Digital Training for Students. (78 Students) Dr. Pranav Joshipura	Digital Training
01/09/2022	Job fair - 2022 Uma arts & Nathiba Commerce Mahila college, Dept. of Education, KCG & employment exchange office, Gandinagar. 10.00 am to 2.00 pm, College Campus (132 Students)	Job Fair Job Placement Committee
08/09/2022	Employment Opportunities in Self Defence. (75 Students) Speaker – Mr. Nirmalbhai Patel Room-2	Expert Lecture Employment Opportunities in Self Defence. NCC & Commerce Dept.
28/09/2022 to 23/09/2022	SCOPE Examination online registration (24 Students)	SCOPE English Dept.
17/11/2022 to	Certificate Course on Basic of English Grammar. (122 Students)	Certificate Course on Basic of English Grammar

29/11/2022		
30/11/2022 to 16/12/2022	Certificate Course on Basics of Computer Application. (41 Students) Coordinator – Dr. Vishal R. Pancholi	Certificate Course on Basics of Computer Application
06/01/2023	Workshop on Crafting with Quilling at Lalit Kala (9 to 12.30) (TYBA - Economics & Geography Students.	Entrepreneurship Training. CWDC of College & KSV
02/02/2023	Ahar Chikitsa Ane Andolan. (9 to 12) Sanskar Hall (552 Students) Yoga Expert - 1. Chandrashekhar Varma, 2. Manoj Joshi, 3. Vinitkumar (Gayatri Shaktipith, Haridvar)	CWDC & Gayatri Shaktipitha, Gandhinagar
06/02/2023 to 13/02/2023	Finishing School, Batch - 9, Set-A&B, 28 Hrs, Trainer - Rujuta Bhatt 34 - Students	Finishing School-9
20/03/2023 to 29/03/2023	Finishing School, Batch - 9, Set-C&D, 52 Hrs, Trainer - Khushi Acharya, 34 - Students	
25/02/2023	Self-Beautification Workshop on Make Up. Lalitkala Kendra. 9 to 12:30. TYBA & TYBCOM 70 Students.	CWDC of College and CWDC of KSV jointly
20/03/2023	Career Counselling, Anubandham Portal Registration for getting interview letters from various agencies: Employment Office, Gandhinagar. Conducted by Nirmalbhair Patel, Employment Cell, Govt. of Gujarat. 43 Students	Payalben Pandya
20/03/2023 to 01/04/2023	Certificate Course in Beautification & Aesthetics Expert:- Mrs. Urvi Rami. (41 Students) Co-ordinator Ms. Payal Pandya	Certificate Course in Beautification & Aesthetics
21/03/2023	Career in Social welfare & Job Opportunities (Prof. Kartik Panchal & Prof.Rajkumarsinh Solanki) Co-ordinator: Ms. Payal Pandya (No. of Students -97 (9:00 To 10:00)	Career Counselling Ms. Payal Pandya
21/03/2023	Professional Courses available in ITI, Gandhinagar for women. (Instructor Shree M.D.Parmar, Co-ordinator: Ms. Payal Pandya Time-11:30 to 12:00, Students- 53)	Career Guidance
23- 24/03/2023	Training programme on Campus to Corporate by Astitva Welfare Foundation & Baroda Global Shared Services. (Room no.-4, Time-8 to 11, Students - ?) Topics -1.21st Century Job Skills. 2. Interview Technique 3. Effective Resume (Job Application) Writing. 4. Training in Attitude and Behaviour 5. Innovation and Youth 20 6. Challenges for Woman in Corporate field.	Dr. Ritaben Gandhi
24-3-23	Lecture on Consumer Protection Rights (Time-9 to 10, No. of Students)	Dr. Rakesh Prajapati
22/04/23	World Earth Day Online Quiz (jointly organised by (Uma Arts and Nathiba Commerce Mahila College, Samarpan Arts and Commerce College and Mansa College under Mou)	CWDC: World Earth Day Online Quiz MoU Activity
23/04/23	World Book Day Online Quiz (jointly organised by (Uma Arts	World Book Day Online

	and Nathiba Commerce Mahila College, Samarpan Arts and Commerce College and Mansa College under Mou)	Quiz MoU Activity
09/05/23	Organized by Setu Child Development Centre, Ahmedabad for Psychology Students Placement Camp	Psychology Department
05/06/2023	World Environment Day. Jointly organised by Green Club, UANC and Nisarg Community Science Centre. & GEDA. Tree Plantation, Beat Plastic Pollution, Competitions of Drawing, Essay and Slogan.	Green Club
09/06/2023	Training Programme cum Workshop for Administrative Staff. Green Office Training Programme by Green Club. Experts: Shri Nareshbhai Thaker and Dr. Anilbhai Patel. Green Club. 8:40 to 11:40, Room-2 Visit to Nisarg Community Science Centre, 11:40 to 12:40	Training Programme cum Workshop for Administrative Staff. Green Office Training Programme

Evidence of success

With the best efforts of Career Counselling and Job Placement Cell and recommendation by the college, four students are placed during Job Placement Fair organised by Gujarat Govt, three students were selected in small scale companies, one student was appointed as a visiting lecturer in C M Patel Nursing College, and Pratiksha Devmorari is selected as Class II Lecturer in Govt. College, Visnagar. Our alumni Mittal Prajapati is appointed as a temporary clerk in out college. Three students of Psychology department namely Monika Shikari, Nisha Chauhan, and Rinal Parmar have cleared Ph.D. entrance exam of Children University and enrolled as Ph.D. scholars in it and they received scholarships also. Two of our Alumni have passed GSET this year too.

Problems Encountered and Resources Required:

- Lack of motivation and thrust of getting skills required for placement
- Utmost care is needed while planning such programs as there is a possibility of getting the routine study schedule disturbed.
- Most of our students hail from rural areas and socially and economically deprived sections of the society. Very often their parents donot allow them to work in private company and industries. Students have desire for jobs and to start their own small business but very often lack motivation for hard work and sometimes their poor socio-economic conditions prevent them to do so. The Covid-19 pandemic also put restrictions on commutation and movement.
- In courses of Humanities, components of skill-acquisition are lacking in the prescribed curricula. Therefore, it becomes essential to start imparting the training from grass root level.

2. Title of the Practice: Women empowerment through Health and Hygiene Awareness Programmes

Motto: **Aarogyam Param Bhagyam - Health is Wealth**

Objectives:

- To make students aware of the importance of their personal health and hygiene and wellness.
- To invite experts from the Health A and medical fields hold such programmes
- To arrange for the health check-up of all the first-year students and to provide medical counselling.

- To arrange programmes of environment awareness and cleanliness awareness the college and also in the adopted villages through extension activities.

Context: The Vision of our college is to attain social upliftment by empowering women through value-based education. One of the values of human life is to take utmost care of one's health and hygiene. Almost 70% of girls come from the rural areas are from poor socio-economic backgrounds and suffer from Anaemia and poor health. The college felt it necessary to empower such deprived girls by holding programmes of health and hygiene awareness. The college has Collegiate Women Development Committee and NSS unit which look after this activity all through the year. As many girls commute from nearby villages, there is a need to make them aware about the health hazards of Covid-19 and also to train them keep themselves and their family members safe. The CWDC and the NSS unit organise Lectures, workshops and training for the students of the college as well as for women of the adopted villages. During Covid 19 pandemic lockdown extreme care is taken to sanitize the premises, and college building. Thermal guns were used to check temperature of the person visiting the college, sanitization dispenser was placed, wearing of mask was made compulsory, social distancing was maintained by all the staff and students.

List of Activities:

Health and Hygiene

- During Covid-19 lockdown cadets of NCC and Volunteers of NSS Unit prepared and distributed masks and by door-to-door contact in their surrounding locality and villages made people aware of the necessary precaution during Covid 19.
- Yoga Training was arranged for the faculties and the students under World Yoga Day.
- Swachhata Rally and Tree Plantation Drive was organised under SwachchhataPakhvada by the NSS unit of the college.
- The Management provided all necessary resources and special efforts have been made for cleanliness of the college building and sanitization of all places in use during the Covid 19 pandemic.
- Anyone entering the premises has been allowed to enter only after checking the temperature by thermal gun and proper sensitization.
- It has been made compulsory to wear proper mask, frequent sanitization and to maintain social distancing in college building and premises.
- Management Committee has helped the institute by providing thermal guns, masks, sanitization equipment, material etc.
- The local health and hygiene committee of the college has been in full swing to maintain cleanliness and regular sanitization of the building.
- It has been made compulsory to wear proper mask, frequent sanitization and to maintain social distancing in college building and premises.

Evidence of success:

- Due to effective efforts of the Management, College, NCC and NSS unit the staff and students have taken extreme care for sanitization and wearing of proper masks, and they become more aware about the health and hygiene.
- Yoga sessions have made the students and the staff more conscious about mental wellness and the importance of physical fitness.
- The scarcity of oxygen in the hospitals and the resultant deaths due to lack of oxygen, made every one conscious about the importance of trees and to protect the environment, recycling of plastic and to reduce the carbon footprint.
- Covid 19 Vaccination Survey was conducted for the staff and the students.
- Surveys have been made to know the status of Vaccination of the staff and the students.
- The college has put into practice the concept of – ‘Green Campus Plastic Free Campus’ and thus reduced the use of plastic material.
- Students are specifically instructed not to use any plastic covering or file for the submission of the assignments, projects etc and they are encouraged to use and write their assignments on the single side blank papers.
- Water taps, pipes and drainage are regularly checked to prevent any spillage and leakage of water and mended immediately.
- The college has conducted Online internal examinations and thus saved papers and thus helped to save and protect the environment.
- The college stores the documents digitally and get them photo copied only when it is very much necessary.
- For non-important documents the college also uses one side blank papers.
- The students switch off the lights, fans and any other electrical and electronic appliance when it is not in use.

Problems Encountered and Resources Required: There is a possibility of getting the routine study schedule disturbed, hence utmost care is needed while planning such programs.

Most of our students’ hail from rural areas and are from socially and economically deprived sections of the society. They faced two problems: that of having smart phones and internet connectivity. As a result, they faced difficulties in attending on-line activities. In addition to that, because of Covid-19 restrictions, there were limitations to arrange off-line activities.